Goldie Hawn Tours Cognitive Neuroscience Lab

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Academy Award-winning actress Goldie Hawn visited the lab of Amishi Jha, associate professor in the Department of Psychology in UM’s College of Arts and Sciences. Jha has served as scientific advisor of the Hawn Foundation, started by Goldie Hawn to help cultivate mindful attention and joy in children. Hawn met with Jha, students, Department of Psychology Chair Rod Wellens, UM Trustee Stuart Miller, Miller School of Medicine Dean Pascal J. Goldschmidt, and UM alumnus and hi-tech entrepreneur Alex Daily to discuss Jha’s research on the cognitive neuroscience of mindfulness training and the connection of her work with ongoing efforts of Hawn’s foundation. Hawn toured the Jha Cognitive Neuroscience Brainwave Recording Lab located in the Flipse Building on the Coral Gables campus.

Above, from left, are UM psychology alumna Cristina Garcia, Goldie Hawn, UM psychology department research associate Justin Dainer-Best, Amishi Jha, Dean Pascal Goldschmidt, and Rod Wellens.

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