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Registration required.

Please RSVP at

www.as.miami.edu/UMindfulnessEvents/lecture/

**This is a
FREE event!**

Newman Alumni Center
University of Miami
6200 San Amaro Drive

Against the Stream: Applying Contemplative Practices to Addiction and Recovery

Noah Levine

Noah Levine is a meditation teacher and best-selling author of several books including *Dharma Punx* and *Against the Stream*. Trained by Jack Kornfield and son of meditation teacher Stephen Levine, Noah has been a pioneer in offering contemplative practices for those in recovery.



He is the founding teacher of Against the Stream Buddhist Meditation Society and founder of Refuge Recovery, a mindfulness-based addiction recovery community based in Buddhist philosophy. Join us for his lecture, conversation, and book signing.

This lecture is part of the Mindfulness Lecture Series of the UMindfulness Research & Practice Initiative (mindfulness.miami.edu). The Initiative is an interdisciplinary collaboration across the University of Miami to engage novel implementation and cutting-edge brain research on contemplative training. The UMindfulness Initiative is co-directed by Dr. Amishi Jha and Scott Rogers.