
CURRICULUM VITAE
AMISHI P. JHA

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I. PERSONAL:

Name: Amishi Parag Jha
Current Academic Rank: Associate Professor (Tenured)
Primary Department: Psychology
College of Arts and Sciences
University of Miami
Citizenship: USA

II. HIGHER EDUCATION:

Institutional Degrees

University of California, Davis (1998) Ph.D. Psychology

University of California, Davis (1995) M.A. Psychology

University of Michigan (1993) B.S. Psychology

Post-doctoral Training

Duke University (1998-2001) Neuroimaging, Functional MRI

III. EXPERIENCE

Academic Appointments:

2010 to present Associate Professor, University of Miami
Department of Psychology
2002-2010 Assistant Professor, University of Pennsylvania
Center for Cognitive Neuroscience and Department of Psychology

IV. PUBLICATIONS

*=APJ Trainee

A. Book chapters

1. *Morrison, A. B. & **Jha, A. P.** (2015). Mindfulness, attention, and working memory. In B. D. Ostafin, (Ed.), *Handbook of mindfulness and self-regulation* (pp. 33-46). New York, NY: Springer.
2. **Jha, A. P.**, Rogers, S. L., & *Morrison, A. B. (2014). Mindfulness training in high stress professions: Strengthening attention and resilience. In R. A. Baer (Ed.), *Mindfulness-based treatment approaches: A clinician's guide* (2nd ed.) (pp. 347-366). San Diego, CA: Elsevier.
3. **Jha, A. P.**, Stanley, E. A., & Baime, M. J. (2010). What does mindfulness training strengthen? Working memory capacity as a functional marker of training success. In R. A. Baer (Ed.), *Assessing mindfulness and acceptance processes in clients: Illuminating the theory and practice of change* (pp. 207-221). New York, NY: New Harbinger Publications.
4. **Jha, A. P.**, Baime, M. J., & *Sreenivasan, K. (2009). Attention and mindfulness training. In R. Ingram (Ed.), *The international encyclopedia of depression* (pp. 37-40). New York, NY: Springer.
5. Mangun, G. R., Hopfinger, J. B., & **Jha, A. P.** (2000). Integrating electrophysiology and neuroimaging in the study of human brain function. In P. Williamson, A. M. Siegel, D. W. Roberts, V. M. Thandi, & M. S. Gazzaniga (Eds.), *Advances in neurology* (vol. 84) (pp. 35-49). Philadelphia, PA: Lippincott, Williams, & Wilkins.
6. Mangun, G. R., **Jha, A. P.**, Hopfinger, J. B. & Handy, T. C. (2000). The temporal dynamics and functional architecture of attentional processes in human extrastriate cortex. In M.S. Gazzaniga, (Ed.), *The new cognitive neurosciences* (pp. 701-710). Cambridge, MA: MIT Press.
7. Hopfinger, J. B., **Jha, A. P.**, Hopf, J. M., Girelli, M., & Mangun, G. R. (2000). Electrophysiological and neuroimaging studies of voluntary and reflexive attention. In: S. Monsell & J. Driver (Eds.), *Control of cognitive processes: Attention and performance XVIII*: (pp. 125-154). Cambridge, MA: MIT Press.

B. Peer-reviewed Publications

1. Osman, A., *Paczynski, M., & **Jha, A. P.** (in press). Affective expectations influence neural responses to stressful images in soldiers. *Military Psychology*.
2. **Jha, A. P.**, *Morrison, A. B., Parker, S. C., & Stanley E. A. (2016). Practice is protective: Mindfulness training promotes cognitive resilience in high-stress cohorts. *Mindfulness*, 7(1), 1-13.
3. Lutz, A., **Jha, A. P.**, Dunne, J. D., & Saron, C. (2015). Investigating the phenomenological matrix of mindfulness-related practices from a neurocognitive perspective. *American Psychologist*, 70(7), 632-658.

4. **Jha, A. P.**, *Morrison, A. B., *Dainer-Best, J., *Parker, S., *Rostrup, N., & Stanley, E. (2015). Minds “At Attention”: Mindfulness training curbs attentional lapses in military cohorts. *PLoS ONE*, *10*(2), 1-19.
5. *Paczynski, M., *Burton, A., & **Jha, A. P.** (2015). Brief exposure to aversive stimuli impairs visual selective attention. *Journal of Cognitive Neuroscience*, *27*(6), 1172–1179.
6. *Morrison, A. B., Goolsarran, M., Rogers, S. L., & **Jha, A. P.** (2014). Taming a wandering attention: Short-form mindfulness training in student cohorts. *Frontiers in Human Neuroscience*, *7*(897), 1-11.
7. Hallion, L. S., Ruscio, A. M., & **Jha, A. P.** (2014). Fractionating the role of executive control in control over worry: A preliminary investigation. *Behaviour Research and Therapy*, *54*, 1-6.
8. Leonard, N. R., **Jha, A. P.**, Casarjian, B., Goolsaran, M., Garcia, C., Cleland, C. M., Gwadz, M. V., & Massey, Z. (2013). Mindfulness training improves attentional task performance in incarcerated youth: A group randomized controlled intervention trial. *Frontiers in Psychology*, *4*(792), 2-10.
9. Roeser, R. W., Schonert-Reichl, K. A., **Jha, A. P.**, Cullen, M., Wallace, L., Wilensky, R., Oberle, E., Thomson, K., Taylor, C., & Harrison, J. (2013). Mindfulness training and reductions in teacher stress and burnout: Results from two randomized, waitlist-control field trials. *Journal of Education Psychology*, *105*(3), 787-804.
10. Davidson, R., Dunne, J., Eccles, J. S., Engle, A., Greenberg, M., Jennings, P., **Jha, A. P.**, Jinpa, T., Lantieri, L., Meyer, D., Roeser, R. W., & Vago, D. (2012). Contemplative practices and mental training: Prospects for American education. *Child Development Perspectives*, *6*(2), 146-153.
11. *Baijal, S., **Jha, A. P.**, Kiyonaga, A., Singh, R., & Srinivasan, N. (2011). The influence of concentrative meditation training on the development of attention networks during early adolescence. *Frontiers in Developmental Psychology*, *2*(153), 1-9.
12. Van Vugt, M., & **Jha, A. P.** (2011). Investigating the impact of mindfulness meditation training on working memory: A mathematical modeling approach. *Cognitive, Affective, and Behavioral Neuroscience*, *11*, 344-353.
13. *Sreenivasan, K. K., Sambhara, D., & **Jha, A. P.** (2011). Working memory templates are maintained as feature-specific perceptual codes. *Journal of Neurophysiology*, *106*, 115-121.
14. Stanley, E. A., Kiyonaga, A., Schaldach, J. M., & **Jha, A. P.** (2011). Mindfulness-based mind fitness training: A case study of a high-stress predeployment military cohort. *Cognitive Behavior and Practice*, *18*(4), 566-576.
15. **Jha, A. P.**, & Kiyonaga, A. (2010). Working memory-triggered dynamic adjustments in cognitive control. *Journal of Experimental Psychology, Learning, Memory, and Cognition*, *36*(4), 1036-1042.
16. **Jha, A. P.**, Stanley, E. A., Kiyonaga, A., Wong, L., & Gelfand., L. (2010). Examining the protective effects of mindfulness training on working memory capacity and affective experience. *Emotion*, *10*(1), 54–64.

17. Stanley, E. A., & **Jha, A. P.** (2009) Mind fitness: Improving operational effectiveness and building warrior resilience. *Joint Force Quarterly (An Advisory Journal to the US Joint Chiefs of Staff)*, 55, 144-151.
18. *Sreenivasan, K. K., Goldstein, J., Lustig, A., Rivas, L., & **Jha, A. P.** (2009). Attention to faces modulates early face processing during low but not high face discriminability. *Attention, Perception and Psychophysics*, 71(4), 837-846.
19. Dolcos, F., Miller, B., Kragel, P., **Jha, A. P.**, & McCarthy, G. (2007). Regional brain differences in the effect of distraction during the delay interval of a working memory task. *Brain Research*, 1152, 171-181.
20. *Sreenivasan, K. K., Katz, J., & **Jha, A. P.** (2007). Temporal characteristics of top-down modulations during working memory maintenance: An event-related potential study of the N170 component. *Journal of Cognitive Neuroscience*, 19, 1836-1844.
21. **Jha, A. P.**, Krompinger, J., & Baime, M. J. (2007). Mindfulness training modifies subsystems of attention. *Cognitive Affective and Behavioral Neuroscience*, 7, 109-119.
22. *Sreenivasan, K. K., & **Jha, A. P.** (2007). Selective attention supports working memory maintenance by modulating perceptual processing of distractors. *Journal of Cognitive Neuroscience*, 19, 32-41.
23. **Jha, A. P.**, Ranucci, M. R., & Giuliani, N. R. (2006). Organization of mnemonic and response operations within prefrontal cortex. *Brain Research*, 1097, 133-141.
24. Petrella J. R., Townsend B. A., **Jha, A. P.**, Ziajko L.A., Slavin M. J., Lustig C., Hart, S. A., & Doraiswamy P. M. (2005). Increasing memory load modulates regional brain activity in older adults as measured by fMRI. *Journal of Neuropsychiatry & Clinical Neurosciences*, 17(1), 75-83.
25. Botvinik, M., **Jha, A. P.**, Bylsma, L., Fabian, S. A., Soloman, P. E., & Prkachin, K. M. (2005). Viewing facial expressions of pain engages cortical areas involved in the direct experience of pain. *Neuroimage*, 25(1), 312-319.
26. **Jha, A. P.**, Fabian, S. A., & Aguirre, G. K. (2004). The role of prefrontal cortex in resolving distractor interference. *Cognitive, Affective, and Behavioral Neuroscience*, 4(4), 517-527.
27. **Jha, A. P.** (2002). Tracking the time-course of attentional involvement in spatial working memory: An event-related potential investigation. *Cognitive Brain Research*, 15(1), 61-69.
28. Petrella, J. R., Lustig, C., Bucher, L. A., **Jha, A. P.**, & Doraiswamy, P.M. (2002). Prefrontal activation patterns in subjects at risk for Alzheimer disease. *American Journal of Geriatric Psychiatry*, 10(1), 112-113.
29. Mangun, G. R., Hopfinger, J. B., & **Jha, A. P.** (2000). Integrating electrophysiology and neuroimaging in the study of brain function. *Advances in Neurology*, 84, 35-49.

30. **Jha, A. P.**, & McCarthy, G. (2000). The influence of memory load upon delay interval activity in a working memory task: An event-related functional MRI Study. *Journal of Cognitive Neuroscience*, *12*, 90-105.
31. Handy, T. C., **Jha, A. P.**, & Mangun, G. R. (1999). Promoting novelty in vision: Inhibition of return modulates perceptual-level processing. *Psychological Science*, *10*(2), 157-161.
32. Mangun, G. R., Buonocore, M., Girelli, M., & **Jha, A. P.** (1998). ERP and fMRI: Measures of visual spatial selective attention. *Human Brain Mapping*, *6*, 383-389.
33. **Jha, A. P.**, Kroll, N. E. A., Baynes, K., & Gazzaniga, M. S. (1997). Memory encoding following callostomy. *Journal of Cognitive Neuroscience*, *9*(1), 143-159.
34. Reuter-Lorenz, P., **Jha, A. P.**, & Rosenquest, N. (1996). What is inhibited in the inhibition of return? *Journal of Experimental Psychology: Human Perception and Performance*, *22*(2), 367-378.

Unrefereed:

35. Paulson, S., Davidson, R., **Jha, A. P.**, & Kabat-Zinn, J. (2013). Becoming conscious: The science of mindfulness. *Annals of the New York Academy of Sciences*, *1303*: 87–104.
36. **Jha, A. P.** (2013, March). Being in the now: The neuroscience of mindfulness. *Scientific American Mind*, *24*(1), 26-33. (Selected Cover Article).

C. Other works and Conference Abstracts (nonexhaustive)

Selected Conference Abstracts:

*=APJ Trainee

2016

- *Brudner, E. G., *Ramos, N., Morrison, A. B., Cullen, M., & **Jha, A. P.** (2016, November). *The Influence of Training Program Duration on Cognitive Psychological Benefits of Mindfulness and Compassion Training in Military Spouses*. Poster presented at the annual International Symposium for Contemplative Studies meeting. San Diego, CA.
- *Witkin, J. E., Morrison, A. B., Stanley, E., & **Jha, A. P.** (2016, November). *Short-form Practice-focused Mindfulness Training Provides Prophylaxis from Working Memory Degradation in High-Stress Cohorts*. Poster presented at the annual International Symposium for Contemplative Studies meeting. San Diego, CA.
- *Krimsky, M. & **Jha, A. P.** (2016, November). *The Relationship Between Mind Wandering and Working Memory*. Poster presented at the annual International Symposium for Contemplative Studies meeting. San Diego, CA.
- *Ramos, N., Morrison, A. B., Rogers, S. L., & **Jha, A. P.** (2016, November). *The Influence of Train-the-Trainer Delivery of Short-form Mindfulness Training on Sustained Attention in High-Stress Cohorts*. Poster presented at the annual International Symposium for Contemplative Studies meeting. San Diego, CA.

- *Denkova, E., *Krimsky, M., *Morrison, A. B., & Jha, A. P. (2016, November). *The Role of Confidence in Self-Reported Mind Wandering and Task Engagement: an fMRI Investigation*. Poster presented at the annual Society for Neuroscience meeting. San Diego, CA.
- *Krimsky, M., Denkova, E., & **Jha, A. P.** (2016, July). *The Influence of Cognitive and Affective Factors on Mind Wandering*. Poster presented at the 31st International Congress of Psychology meeting. Yokohama, Japan.
- *Brudner, E. G., Paczynski, M., & **Jha, A. P.** (2016, April). *Expectation and Individual Differences in Emotion Regulation Moderate Neural Responses to Affective Stimuli*. Poster presented at the annual Cognitive Neuroscience Society meeting. New York, NY.
- *Hanchate, S., *Homedi, E., *Zayan, K., & **Jha, A. P.** (2016, April). *Attentional Degradation over the Academic Semester: An Investigation of the Utility of a Mindfulness Training Smartphone Application*. Poster presented at the annual University of Miami Undergraduate Research, Creativity, and Innovation Forum. Coral Gables, FL.

2015

- *MacKinnon, L. L., Goolsarran, M., Tang-Smith, E. T., Morrison, A. B., Rogers, S. L., & **Jha, A. P.** (2015, May). *The Role of Trainer Expertise on Train-the-Trainer Methods of Delivering Mindfulness Training to Active-Duty Military Cohorts*. Poster presented at the Association for Psychological Science Meeting. New York, NY.
- *Krimsky, M., Morrison, A. B., & **Jha, A. P.** (2015, May). *Delayed-recognition Working Memory Task Performance is Influenced by Mnemonic Load and Self-Reported Mind Wandering*. Poster presented at the Association for Psychological Science Meeting. New York, NY.
- *Goolsarran, M., Morrison, A. B., Cullen, M., Rosenbaum, E., & **Jha, A. P.** (2015, May). *Mindfulness Training Improves Attention and Perceived Stress in Military Spouses*. Poster presented at the Association for Psychological Science Meeting. New York, NY.
- *Rooks, J., Morrison, A. B., Goolsarran, M., Rogers, S. L., & **Jha, A. P.** (2015). *Mindfulness Training Improves Attentional Performance in Elite College Athletes*. Poster presented at Cognitive Neuroscience Society Meeting, San Francisco, CA.
- *Rooks, J., & **Jha, A. P.** (2015, March). *Vulnerability to Cognitive Distractions is Greater in Those with High Depressive Symptoms and Reduced by Induced Positive Mood*. Poster presented at the annual Clinical & Translational Science Institute CaneSearch Research Symposium. Miami, FL.
- *Rooks, J., & **Jha, A. P.** (2015, April). *The Influence of Induced and Dispositional Positive Affect on Working Memory*. Poster presented at the Society for Affective Science Meeting, Bethesda, MD.
- *Brudner, E. G., Paczynski, M., Osman, A., & **Jha, A. P.** (2015, April). *Expectation Plays a Role in Early and Late Neural Processing of Emotional Pictures*. Poster presented at the Atlantic Coast Conference Meeting of the Minds Undergraduate Research Conference. Raleigh, NC.
- *Morrison, A. B., Goolsarran, M., Tang-Smith, E. T., Rogers, S. L., & **Jha, A. P.** (2015, March). *Massed versus Spaced Delivery of Short-form Mindfulness Training*. Poster presented at the Clinical & Translational Science Institute CaneSearch Research Symposium. Miami, FL.

*Tilak, A., Walter, L., Warn, S., Paczynski, M., & **Jha, A. P.** (2015, March). *An N250 Investigation of Working Memory Selectivity Under Stress*. Poster presented at the Clinical & Translational Science Institute CaneSearch Research Symposium. Miami, FL.

2014

*Morrison, A. B., Goolsarran, M., Tang-Smith, E. T., Rogers, S. L., & **Jha, A. P.** (2014, November). *Massed versus spaced delivery of short-form mindfulness training*. Poster presented at the Psychonomic Society Annual Meeting, Long Beach, CA.

*Rooks, J., & **Jha, A. P.** (2014, April). *Vulnerability to cognitive distractions is greater in those with high depressive symptoms and reduced by induced positive mood*. Poster presented at the inaugural meeting of the Society for Affective Science, Bethesda, MD.

*Morrison, A. B., Parker, S. C., & **Jha, A. P.** (2014, April). *Dynamic adjustments of cognitive control in working memory during healthy aging*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, Boston, MA.

*Cameron, L., Morrison, A. B., Kounios, J., & **Jha, A. P.** (2014, April). *Mind wandering impairs textbook reading comprehension and retention*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, Boston, MA.

*Tilak, A., Walter, L., Warn, S., Paczynski, M., & **Jha, A. P.** (2014, April). *An N250 investigation of working memory selectivity under stress*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, Boston, MA.

2013

*Burton, A. M., **Jha, A. P.**, & Paczynski, M. (2013, November). *Threat potentiates early visual processing but reduces attentional selectivity*. Poster presented at Society for Neuroscience, San Diego, CA.

Rietschel, J. C., Hunt, C., Godwin, M. M., Dyke, F., **Jha, A. P.**, & Miller, M. W. (2013, June). *Dispositional mindfulness is positively related to the quality of motor performance*. Poster presented at the North American Society for Psychology of Sport and Physical Activity, New Orleans, LA.

*Morrison, A. B., Goolsarran, M., Rogers, S. L. & **Jha, A. P.** (2013, June). *The impact of short-form mindfulness training on sustained and executive attention*. Poster presented at the Mind and Life Summer Research Institute, Garrison, NY.

***Jha, A. P.**, Paczynski, M., & Baijal, S. (2013, April). *Independent influence of valence and predictability on task-dependent P3 modulation*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, San Francisco, CA.

2012

*Rostrup, N., Parker, S. C., & **Jha, A. P.** (2012, October). *The inter-relationship between working memory, resilience, and psychological health in high-stress military cohorts*. Poster presented at the Annual Meeting of the Society for Neuroscience, New Orleans, LA.

*Garcia, C. P., Rostrup, N., & **Jha, A. P.** (2012, October). *Dynamic adjustments in cognitive control during working memory tasks*. Poster presented at the Annual Meeting of the Society for Neuroscience, New Orleans, LA.

2011

Haimovitz, K., Carlson, B., Schonert-Reichl, K., **Jha, A. P.**, Wilensky, R., Cullen, M. M., Wallace, L., & Roeser, R. W. (2011, April). *Cultivating forgiveness and compassion through a mindfulness-based program for teachers: Results from two field interventions*. Poster presented at the Annual Meeting for the American Educational Research Association, New Orleans, LA.

Roeser, R. W., Cullen, M. M., Schonert-Reichl, K., **Jha, A. P.**, Wilensky, R., Baynard, K. L., Taylor, C., & Crain, A. (2011, April). *Promoting stress reduction, rest and resilience through a mindfulness-based intervention for public school teachers*. Poster presented at the Biennial meeting of the Society for Research on Child Development, Montreal, Canada.

Hallion, L., & **Jha, A. P.** (2011, April). *Development of a novel executive control task to investigate cognitive control over worry*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, San Francisco, CA.

2002- 2010 (nonexhaustive)

Roeser, R. W., Schonert-Reichl, K., Cullen, M. M., **Jha, A. P.**, Oberle, E., Thomson, K., Taylor, C., & Best, M. (2010, April). *Testing the efficacy and effectiveness of a mindfulness-based professional development program for teachers: A randomized waitlist control study*. Poster presented at the Annual Meeting of the American Educational Research Association, Denver, CO.

Roeser, R. W., Cullen, M. M., Schonert-Reichl, K., & **Jha, A. P.** (2009, November). *Assessing the acceptability and feasibility of the SMART-in-Education program*. Paper presented at the Mindfulness in Education Conference, Park Day School, Oakland, CA.

*Kiyonaga, A., Wong, L. M., & **Jha, A. P.** (2009, April). *Examining the lifespan effects of "control adaptation" during working memory*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, San Francisco, CA.

Jha, A. P., Baniqued, P., Sreenivasan K. K., & Wong, L. M. (March 2009). *Examining the neural effects of conflict adaptation during working memory*. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society, San Francisco, CA.

*Sreenivasan, K. K., & **Jha, A. P.** (2008, November). *Positive emotional "distraction" protects against cognitive interference in working memory*. Poster presented at the Annual Meeting of the Society for Neuroscience, Washington, DC.

*Rosen, Z. B., Baime, M. J., Ramsay J. R., Rostain, A., Sreenivasan, K. K., & **Jha, A. P.** (2008, November). *Mindfulness training improves working memory performance in adults with ADHD*. Poster presented at the Annual Meeting of the Society for Neuroscience, Washington, DC.

*Fincher, K. M., & **Jha, A. P.** (2008, November) *Examining the attentional costs of self-focused attention*. Poster presented at the Cognitive Neuroscience Society, San Francisco, CA.

*Wong, L. M., van Vugt, M., Smallwood, J., Carpenter-Cohn, J., Baime, M., & **Jha, A. P.** (2008, April). *Mindfulness training reduces mind wandering during a sustained attention task*. Poster presented at the Cognitive Neuroscience Society, San Francisco, CA.

- *Sreenivasan, K. K., Sambhara, D., Rosen, Z., & **Jha, A. P.** (2008, April). *The top-down influence of memory representations on face processing*. Poster presented at the Cognitive Neuroscience Society, San Francisco, CA.
- *Sreenivasan, K. K., Lustig, A., & **Jha, A. P.** (2007, November). *Attention to faces modulates feedforward perceptual processing under conditions of high perceptual load*. Poster presented at the Society for Neuroscience, San Diego, CA.
- *Sreenivasan, K. K., Rosen Z. B., Spiegel D., van Vugt, M. K., & **Jha A. P.** (2007, April). *EEG oscillations during working memory maintenance vary with eventual task performance*. Poster presented at the Cognitive Neuroscience Society, New York, NY.
- *Hsu, A., & **Jha A. P.** (2007, November). *Featured in 2007 Society Press Book *Positive mood improves working memory*, Poster presented at the Society for Neuroscience, San Diego, CA.
- *Jayawikreme, E., **Jha, A. P.**, & Seligman, M. (2007). *The influence of positive affect on attention*. Poster presented at the American Psychological Society, New York, NY.
- *Lustig, A., & **Jha, A. P.** (2006, April). *Examination of the N170 to delay-spanning noise masks during face working memory: An ERP study*. Poster presented at the Cognitive Neuroscience Society Meeting, San Francisco, CA.
- *Lustig, A., Tsai, S., Shah, G., Kropminger, J., & **Jha, A. P.** (2005, April). *The role of selective attention in mindfulness*. Poster presented at the Cognitive Neuroscience Society Meeting, New York, NY.
- Jha, A. P.**, Bylsma, L., Fabian, S. A., Soloman, P. E., Prkachin, K. M., & Botvinik, M. (2005, April). *Viewing facial expressions of pain engages cortical areas involved in the direct experience of pain*. Poster presented at the Cognitive Neuroscience Society Meeting, New York, NY.
- Prabhakaran, R., Hirshhorn, E., **Jha, A. P.**, & Thompson-Schill, S. L. (2005, April). *An event-related fMRI investigation of proactive interference resolution in a nonverbal working memory task*. Poster presented at the Cognitive Neuroscience Society Meeting. New York, NY.
- *Sreenivasan, K., Tsai, S., Katz, J., Kropminger, J., & **Jha, A. P.** (2005, April). *Attentional modulations during nonspatial working memory: An ERP study of the N170 component*. Poster presented at the Cognitive Neuroscience Society Meeting, New York, NY.
- Brandon, M., Hirshhorn, E., **Jha, A. P.**, & Thompson-Schill S. L. (2004, April). *Proactive interference resolution during nonverbal working memory: Evidence for domain-general processing in LIFG*. Poster presented at the Cognitive Neuroscience Society Annual Meeting, San Francisco, CA.
- Jha, A. P.**, Fabian, S. A., & Wencil, E. (2004, October). *The role of prefrontal cortex in distractor interference*. Poster presented at the Society for Neuroscience Meeting, San Diego, CA.
- *Wencil, E., & **Jha, A. P.** (2003, April). *Faces are not always special!* Poster presented at the Cognitive Neuroscience Society Meeting, New York, NY.
- Jha, A. P.**, Ranucci, M., & Giuliani, N. (2003, April). *Mnemonic and response functions of prefrontal cortex*. Poster presented at the Cognitive Neuroscience Society Meeting, New York, NY.

Jha, A. P., Rauch, S., & Scheinker, D. (2003, November). *Low- versus high feature discriminability results in greater attentional facilitation to faces*. Poster presented at the Psychonomic Society 44th Annual Meeting, Vancouver, B.C.

*Brandon, M. N., **Jha, A. P.**, Trueswell, J. C., Barde, L. H. F., & Thompson-Schill, S. L. (2003, November). *Proactive interference in verbal and non-verbal working memory*. Poster presented at the Psychonomic Society 44th Annual Meeting, Vancouver, B.C.

D. Manuscripts Under Review

Under Review

Morrison, A. B., Goolsarran, M., Tang-Smith, E. T., Rogers, S. L., & **Jha, A. P.** (revise and resubmit). Strengthening attention with mindfulness training: Does training delivery structure matter?

Krimsky, M., Llabre, M. M., Forster, D. E., & **Jha, A. P.** (under review). The influence of time-on-task on mind wandering and working memory.

Denefrio, S., Simmons, A., **Jha, A. P.**, & Dennis-Tiwary, T., (under review). Emotional Cue Validity Effects: The Role of Neurocognitive Responses to Emotion.

Rooks, J., Morrison, A. B., Goolsarran, M., Rogers, S. L., & **Jha, A. P.** (under review). The influence of mindfulness training on sustained attention and mood in elite college athletes.

Brudner, E. G., Denkova, E., Paczynski, M., & **Jha, A. P.** (under review). Expectation and habitual emotion regulation modulate neurophysiological responses to emotional stimuli.

V. PROFESSIONAL

A. Funded Grants (nonexhaustive, since 2006)

Grants (Concluded)

Federal

- | | |
|-----------|--|
| 2010-2014 | US Army (USAMRMC) US Department of Defense
Optimizing Delivery of Mindfulness-Based Military Training Interventions in Army Infantry Cohorts
(\$1M, 3 years, P.I.: Jha, A. P.) |
| 2009-2014 | US Army (USAMRMC) US Department of Defense
Neurobehavioral Effects of Battlemind vs. Mindfulness-based Military Training in Army Infantry Platoons
(\$1M, 4 years, P.I.: Jha, A. P.) |
| 2008-2011 | US Department of Defense - Center for Excellence
Building Neurocognitive Resilience with Mindfulness Training in Soldiers
(\$63K, 3 years, P.I.: Jha, A. P.) |
| 2006-2009 | National Institutes of Health-NCCAM (R21) |

Neural Effects of Mindfulness Training on Attention
(\$250K, 3 years, P.I.: Jha, A. P.)

Foundation/University

- 2017-2018 Sylvester Comprehensive Cancer Center
Can Short-form Mindfulness Training Protect Against ‘Chemo Brain’ in Breast Cancer Patients – A Pilot Feasibility Study
(\$25K, 2 Years, P.I.: Jha, A. P.)
- 2013-2016 Seleni Institute
Mindfulness Training in Military Families
(\$50K, 3 years, P.I.: Jha, A. P.)
- 2012-2015 1440 Foundation
Promoting Well-Being in Military Families with Mindfulness Training: The SMART Spouses Project
(\$50K, 3 years, P.I.: Jha, A. P.)
- 2012 University of Miami Flipse Faculty Research Award
The Cognitive Neuroscience of Resilience: Examining the Neural Correlates of Attentional Saliency
(\$2K, P.I.: Jha, A. P.)
- 2011 University of Miami Provost Research Award
Neurobehavioral Effects of Mindful Eating in University Student Cohorts
(\$17K, P.I.: Jha, A. P.)
- 2011 Fetzer Institute
Mindfulness Research Working Group –Conference Grant
(\$25K, P.I.: Jha, A. P.)
- 2009-2011 Baumann Institute
The Impact of Guided Awareness Instructions on Attention
(\$37K, P.I.: Jha, A. P.)
- 2009 Emory University
Contemplative Practices for Persons with Early-Stage Dementia and their Family Care Partners: Fostering Well-Being and Connectedness
(Consultant: Jha, A. P.; P.I.: Bauer-Wu, S.)
- 2008-2009 University of Pennsylvania Cancer Center
“Investigating the Protective Potential of Meditation Training on Known Cognitive Decline during Cancer Treatment” (\$90K, Co-P.I.: Jha, A. P., Co-P.I.: Newberg, A.)
- 2008-2009 Mind and Life Varela Research Award
The Influence of Mindfulness Training in Patients with ADHD
(\$15K, Project Mentor: Jha, A. P.)
- 2008-2009 John W. Kluge Foundation

- Attentional Improvements with Mindfulness Training
(\$50K, P.I.: Jha, A. P.)
- 2008-2009 Mind and Life Institute
“Stability of Meta-Awareness and Attention in Students”
(\$50K, P.I.: Jha, A. P.)
- 2008-2009 Hershey Foundation
“Mutability of Working Memory and Attention in Teachers”
(\$15K, P.I.: Jha, A. P.)
- 2007-2008 Kessler Foundation
“Neurocognitive Effects of Attention Training with Mindfulness Meditation”
(\$17K, P.I.: Jha, A. P.)

Grants (Active)

Federal

- 2014-2018 US Army (USAMRMC) US Department of Defense
Investigating Resilience Training in Military Spouses
(\$1.25M, 4 years, P.I.: Jha, A. P.)
- 2012-2017 US Army (USAMRMC) US Department of Defense
Investigating Train-the-Trainer Delivery of Mindfulness-Based Training
(\$1.037M, 4 years, P.I.: Jha, A. P.) *Approved booster funding, Jan. 2015 (\$137K)
- 2011-2017 US Army (USAMRMC) US Department of Defense
Titration of Optimal Delivery of Mindfulness-Based Training Interventions
(\$920K, 3 Years, P.I.: Jha, A. P.)
- 2011-2017 US Army (USAMRMC) US Department of Defense
Neurobehavioral Effects of Resilience Training Over the Deployment Cycle
(\$1.72M, 4 Years, P.I.: Jha, A. P.)

Submitted (Pending)

- 2017-2020 Henry Jackson Foundation
Mindfulness Training in Special Operation Forces
(\$1M, 3 years, P.I.: Jha, A. P. Co-I: Rogers, S. L.)

B. Editorial Responsibilities

- 2015 to present *Frontiers for Young Minds, Understanding Neuroscience* – Editorial Board, Review Editor
- 2012 to present *Frontiers in Cognitive Science* – Editorial Board, Review Editor

- 2012 to present *Frontiers in Cognition* – Editorial Board, Review Editor
- 2011 to present *Journal of Experimental Psychology: General* – Consulting Editor
- 2012-2013 *Frontiers in Human Neuroscience* – Guest Associate Editor for Special Issue Mechanisms of Mindfulness
- 2010 to present *Frontiers in Human Neuroscience* – Editorial Board, Review Editor
- 2009 *Emotion* – Action Editor (with Dr. Zindel Segal and Adam Anderson) Special Issue on Mindfulness Meditation and Emotion Regulation

Ad-Hoc Reviewer

Cognition, Cognitive Affective and Behavioral Neuroscience, Cognitive Brain Research, Consciousness and Cognition, Cerebral Cortex, Journal of Cognitive Neuroscience, Journal of Consulting and Clinical Psychology, Journal of Experimental Psychology: General, Journal of Neuroscience, National Science Foundation, Neuroimage, Neuroscience Letters, Perception and Psychophysics, Psychological Science, Psychophysiology, PLOS ONE, Mindfulness, Journal of Clinical and Experimental Neuropsychology

C. Professional Organizations

Cognitive Neuroscience Society, Member
 Psychonomic Society, Member
 Society for Neuroscience, Member

D. Honors and Awards

- 2010 PopTech Science Fellow, <http://poptech.org/sciencefellows2010>
 2004 Women in Science Trustees Summer Research Award, University of Pennsylvania

E. Post-doctoral Fellowships

- 1999-2001 NIMH Post-doctoral Fellowship, Duke University
 1991-2002 McDonnell-Pew Post-doctoral Research Grant (\$200K, P.I.: Jha, A. P.)

F. Other Professional Activities

Presentations

2017 Planned/Invited

1. January 12, 2017, University of Miami, Citizen's Board
2. January 20, 2017, Canyon Ranch, Keynote Presentation and Workshop Co-Leader Mindfulness and the Law
3. February 13, 2017, Invited Speaker, Brown University, Providence, RI
4. March 17, 2017, Invited Speaker, TEDxCoconutGrove, Coconut Grove, FL
5. March 18, 2017, Invited Speaker, UCLA, Los Angeles, CA
6. March 20, Invited Speaker, University of Southern California, Los Angeles, CA
7. April 6, 2017, Invited Keynote, University of Florida, Gainesville, FL
8. June 9-11, 2017, Invited Speaker and Workshop Co-leader, 1440 Multiversity, San Jose, CA

2016

1. January 29, 2016, University of Miami Inauguration of President Frenk, 'Cane Talks', 1 of 7 faculty members selected present.

2. February 12, 2016, Invited Keynote, Florida SouthWestern State College, Fort Myers, FL.
3. February 26, 2016, Invited Speaker, Bayview Asset Management, Coral Gables, FL.
4. May 9, 2016, Invited Keynote, The Mindful Business Conference, New York, NY.
5. May 19, 2016, Invited Speaker, Berger Singerman LLC, Miami, FL.
6. May 26, 2016, Invited Speaker, Mindfulness Based Attentional Training for Special Ops Personnel, Special Operations Medical Association, Charlotte, NC.
7. June 2, 2016, Invited Speaker, Berger Singerman LLC, Fort Lauderdale, FL.
8. June 15, 2016, Invited Speaker, Joint Special Operations Command, Ft. Bragg, NC.
9. June 15, 2016, Invited Speaker, John F. Kennedy Special Warfare Center and School, Ft. Bragg, NC.
10. June 26, 2016, Invited Speaker, Annual Primary Care Symposium, Marco Island, FL.
11. July 14, 2016, Invited Speaker, Ninth Circuit Judicial Conference, Big Sky Resort, MT.
12. September 1, 2016, Invited Speaker, Tenth Circuit Judicial Conference, Colorado Springs, CO.
13. September 22, 2016, Invited Keynote, Middlebury College, Middlebury, VT.
14. October 4, 2016, Invited Presentation, United States Pentagon, Washington DC.
15. November 3, 2016, Invited Speaker, Florida Council of Independent Schools, Miami, FL.
16. November 10, 2016, Invited Keynote, International Symposium for Contemplative Studies, San Diego, CA.
17. December 8, 2016, One U Tour, Canetalk “Leading with Attention”. Los Angeles, CA
18. December 9, 2016, One U Tour, Mindfulness Lecture and Workshop, Los Angeles, CA

2015

1. January 13, 16, and 26, 2015, Invited Lecture and Training Series (with Scott Rogers), “Mindfulness Training in the Workplace”, Kaufman Rossin Associates, Coconut Grove, FL.
2. February 23, 2015, Invited Lecture, Air University, Maxwell Air Force Base, Montgomery, AL.
3. April 14, 2015, Invited Lecture, NYU Stern, New York, NY.
4. May 1, 2015, Invited Lecture, 11th Annual Leadership Retreat, Islamorada, FL.
5. May 8, 2015, Invited Lecture, Wisdom Research Forum, University of Chicago, Chicago, IL.
6. June 8, 2015, Invited Workshop, US Army Office of the Surgeon General, Lackland Air Force Base, San Antonio, TX.
7. July 30, 2015, Invited Keynote, 4th Annual Lowcountry Mental Health Conference, Charleston, SC.
8. July 21, 2015, Invited tele-presentation, Lt Col Nicole Malachowski, Joining Forces Initiative, White House, Washington D.C.
9. September 16, 2015, Invited Lecture, Air University, Maxwell Air Force Base, Montgomery, AL.
10. September 21, 28, October 12, 19, 2015, Invited Lecture and Training Series (with Scott Rogers), “Mindfulness, Attention, and Stress Reduction in the Workplace”, Lennar Corp, Doral, FL.
11. September 24, 2015, *Mindful Attention and the Elite Athlete*, Association for Applied Sport Psychology, Webinar.
12. October 2, 2015, Invited Lecture, Society for Psychophysiological Research Annual Meeting, Seattle, WA.
13. October 21, 2015, Invited Keynote, Walter Reed Army Institute of Research, Silver Springs, MD.
14. October 28 and November 4, 2015, Invited Speaker, Gulliver Schools, Miami, FL.
15. November 6, 7, and 8, 2015, Invited Lectures, Mindfulness in Law Retreat, Lenox, MA.
16. November 16, 2015, Invited Presentation, Leadership Cabinet of the Sylvester Comprehensive Cancer Center, Miami, FL
17. November 20, 2015, Invited Lecture, US Army Special Operations Command, Tampa, FL.

2014

1. January 22, 2014, Invited Keynote Speaker, Access Circles Retreat, Miami Beach, FL.
2. February 6, 2014, Invited Panelist, Florida Bar Association, A Mindful and Ethical Start to the New Year, Miami, FL.

3. February 21, 2014, Invited Keynote, Mindfulness and Neuroscience: Befriending the Mind, Naropa University, Boulder, CO.
4. February 22, 2014, Invited Workshop with Jane Carpenter, Naropa University, Boulder, CO.
5. April 2, 2014, Kluge Symposium, 12th Annual International Scientific Conference for Clinicians Researchers and Educators, Center for Mindfulness Scientific Conference, Norwood, MA.
6. May 5, 2014, Invited Lecture, Integrative Medicine Lecture Series, NIH Clinical Research Center, Bethesda, MD.
7. May 29, 2014, Invited Keynote. Diabetes Research Institute Foundation, University of Miami Miller School of Medicine. Miami Beach, FL.
8. June 16, 2014, Invited Presentation, American Society for Clinical Psychopharmacology Annual Meeting, NIH-NCCAM, Hollywood, FL.
9. July 26, 2014, Invited Presentation, Strengthening the Brain's Attention System with Mindfulness Training, The Omega Institute, Rhinebeck, NY.
10. August 27, 2014, Invited Lecture, Strengthening Attention and Working Memory with Mindfulness Training in High-Stress Cohorts, Uniformed Services University of the Health Sciences, Bethesda, MD.
11. August 28, 2014, Invited Presentation and Panel Participation, NCCAM/DOD/VA Working Group Council, NIH-NCCAM, Bethesda, MD.
12. September 16, 2014, Invited Keynote, Pinecrest Business Association, Pinecrest, FL.
13. September 18, 2014, Invited Lecture, Mental and Behavioral Health Conference: Strengthening the Brain's Attention System with Mindfulness, Baptist Health South Florida, Miami, FL.
14. September 25, 2014, Featured Speaker, Indulge Magazine/Miami Herald, Coral Gables, FL.
15. October 18, 2014, Invited Lecture, A Mindful Miami Conference, Mindful Kids Miami, Miami, FL.
16. October 27, 2014, Invited Keynote, Praxity Global Alliance Limited Conference, Miami Beach, FL.
17. October 31, 2014, Invited Keynote and Discussion with HH Dalai Lama and Richard Davidson, International Symposium for Contemplative Studies, The Mind and Life Institute, Boston, MA.
18. November 1, 2014, Invited Lecture, International Symposium for Contemplative Studies, The Mind and Life Institute, Boston, MA.
19. November 1, 2014, Panel Presentation with Antoine Lutz, John Dunne, and Clifford Saron, International Symposium for Contemplative Studies, The Mind and Life Institute, Boston, MA.
20. December 10, 2014, Invited Lecture, Kaufman Rossin Accounting Firm, Coconut Grove, FL.

2013

1. January 2013, Invited Speaker, World Economic Forum, Davos, Switzerland.
2. February 2013, Invited Speaker, NY Academy of Sciences and Nour Foundation Meeting, New York, NY.
3. February 2013, Invited Keynote, Fort Drum Family Readiness Conference, Fort Drum, NY.
4. February 2013, Invited Keynote, "Mindful Kids Miami" with Congressman Tim Ryan, Coral Gables, FL.
5. February 2013, Retreat Leader, "A Day of Mindfulness," with Tussi Kluge, Cutler Bay, FL.
6. February 2013, Invited Speaker, Beaux Arts, University of Miami, Coral Gables, FL.
7. April 2013, Invited Speaker, Brown University Contemplative Studies Initiative, Providence, RI.
8. April 2013, Chair and Speaker, UMass Center for Mindfulness Annual Meeting, John and Tussi Kluge Research Symposium, Norwood, MA.
9. May 2013, Invited Keynote Speaker, Learning & the Brain "Executive Skills for School" Conference, Arlington, VA.
10. May 2013, Featured Speaker, NY Academy of Sciences and Scientific American Mind Co-Sponsored Event: "Educating Attention and Emotion," New York, NY.

11. May 2013, Invited Speaker, Mindfulness in Law Joint Task Force Workshop, Miami, FL.
12. June 2013, Invited Speaker, Huffington Post Conference: "The Third Metric: Redefining Success Beyond Money and Power," New York, NY.
13. June 2013, Invited Speaker, UM Business and Leadership Forum, Coral Gables, FL.
14. June 2013, Invited Speaker and Retreat Leader, Mindfulness Week, Mindhouse Park, Tallberg, Sweden.
15. August 2013, Invited Speaker, The Aspen Institute: "Society of Fellows Luncheon: The New Frontier: Breakthroughs in Mapping the Brain," Aspen, CO.
16. August 2013, Invited Keynote Speaker, The Aspen Brain Lab: "Mindfulness and Resilience in the Healthy Brain," Aspen, CO.
17. October 2013, Round Table with Scott Rogers, University of Miami School of Law, Coral Gables, FL.
18. September 2013, Invited Speaker, Brief at SOUTHCOM, Military Spouses Project, Doral, FL.
19. October 2013, Invited brief to BG Sean Mullholland, SOCSOUTH, Homestead Air Force Base, Doral, FL.
20. November 2013, Invited brief to 7th Special Forces Group (Green Berets), Military Spouses Project, Eglin Air Force Base, Destin, FL.
21. November 2013, Invited Keynote Speaker, UM Citizens Board, Coral Gables, FL.

2012

1. February 2012, Invited Keynote Lecture, Mindfulness in Youth Conference, UCSD Center for Mindfulness, San Diego, CA.
2. March 2012, Invited Keynote Address, Mindfulness in Education Network, Bryn Mawr College, PA.
3. April 2012, Invited "Master Lecture", Mind and Life International Symposia for Contemplative Studies, Boulder, CO.
4. October 2012, Invited Keynote Address, Superintendents Forum, San Francisco, CA.
5. November 2012, Invited panelist, 34th Annual Conference of the National Association of Women Judges, Miami, FL.

2011

1. January 2011, Invited presenter, "The Science of Mindfulness", Conference Organized by Congressman Tim Ryan in Ohio.
2. March 2011, Invited Symposium co-Leader (with Geshe Lobsang Negi) and Presenter, "Science of Meditation", Aspen Institute, Aspen, CO.
3. April 2011, Organizer and Presenter, Neural Bases of Mindfulness, 8th Annual meeting of the Center for Mindfulness in Medicine, Healthcare, and Society, UMASS Medical School, Worcester, MA.
4. May 2011, Invited keynote speaker for symposium on "Educating Attention", American Psychological Society, Washington D.C.
5. May 2011, Invited Presentation, Penn Program for Mindfulness sponsored Mindfulness in Psychotherapy, Philadelphia, PA.
6. May 2011, Invited Presentation, McKnight Foundation, Inter-institutional Meeting, University of Miami Medical School, Miami, FL.
7. June 2011, Invited Presentation, Mind and Life Summer Research Institute, Garrison, NY.
8. Sept 2011, Invited Presentation, Aspen Brain Forum, NY Academy of Sciences, Aspen, CO.

2010

1. April 2010. Invited Keynote address 7th Annual Meeting of the Center for Mindfulness in Medicine, Healthcare, and Society, University of Massachusetts Medical School Worcester, MA.
2. September 2010, Invited Keynote address, "Bringing Attention to Mindfulness" Contemplative Academy conference sponsored by the Center for Contemplative Mind in Society, Amherst College, Amherst, MA.
3. October 2010, Organizer and Presenter, 2nd Meeting of the Mindfulness Research Working Group, Madison, WI.
4. October 2010, Invited as New Science Fellow, PopTech Annual Conference, Camden, ME.

2009

1. February 2009, Invited Keynote, Mindfulness in Education Annual Meeting, Philadelphia PA.
2. April 2009, Invited Lecture, Mind and Life XIX, Attention and Executive Functions in Meditation: Research meeting with His Holiness the Dalai Lama, Dharamsala, India.
3. June 2009, Invited Lecture, US Congress, Invited Presentation with Elizabeth Stanley by Congressman Tim Ryan on Use of Mindfulness in Military, Education, and Medical Contexts, Washington, D.C.
4. June 2009, US Pentagon, Invited Presentation with Elizabeth Stanley by General Xenakis on Use of Mindfulness-Based Mind Fitness Training, Washington D.C.
5. September 2009, Invited Colloquium, Pennsylvania State University, Department of Human Development and Psychology, State College, PA.
6. September 2009, Invited Keynote, US Department of Defense Military Health Research Forum (MHRF) Kansas City, MO.
7. November 2009, Invited Colloquium, University of Pennsylvania, Department of Neurosurgery (Grand Rounds), Philadelphia, PA.
8. November 2009, Invited Colloquium, Brown University, Contemplative Studies Program, Providence, RI.

2008

1. March 2008, Invited Colloquium, Gettysburg College Department of Psychology, Gettysburg, PA.
2. April 2008, Invited Colloquium, University of Michigan Department of Psychology, Ann Arbor, MI.
3. April 2008, Invited Colloquium, Villanova University, Ardmore, PA.
4. April 2008, Marine and Army Training Center, West Palm Beach, FL.
5. April 2008, Invited Colloquium, Lehigh University Department of Psychology, Lehigh, PA.
6. April 2008, Invited Lecture, Mind and Life Institute Meeting with His Holiness the Dalai Lama, Ann Arbor, MI.
7. June 2008, Invited Lecture, Mind and Life Summer Institute, Garrison, NY.
8. December 2008, Invited Colloquium, University of Toronto Department of Psychology, Toronto, Canada.

2007

1. February 2007, University of California – Davis, Shamata Project Summit, Davis, CA.
2. March 2007, Center for Mindfulness, Worcester, MA.
3. June 2007, Mind and Life Summer Research Institute, Garrison, NY.
4. September 2007, Mind and Life Education Research Network, Wellesley, MA.

5. November 2007, Invited Keynote, Mind & its Potential, Sydney, Australia.
6. November 2007, Annual Meeting for the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

2005

1. June 2005, Mind & Life Summer Research Institute, Garrison, NY.
2. October 2005, Invited Lecture, Naropa University, Boulder, CO.
3. November 2005, Invited Colloquium, Brown University Department of Psychology, Providence, RI.

2004

April 2004, Invited Lecture, NASA – Cognition in Space Symposium, Tempe, AZ.

2003

November 2003, Society for Neuroscience, Platform presentation at Symposium on Working Memory, Orlando, FL.

2002

October 2002, Invited Colloquium, Yale University Department of Psychology, New Haven, CT.

2001

1. October 2001, University of Pennsylvania, Philadelphia, PA.
2. October 2001, University of Illinois Urbana-Champaign, Champaign, IL.
3. November 2001, University of California-Irvine, Irvine, CA.
4. November 2001, Northwestern University, Evanston, IL.

2000

1. April 2000, Cognitive Neuroscience Society, Pre-Conference Symposium, San Francisco, CA.

Conference/Symposia Organized

November 10-13, 2016, International Symposium for Contemplative Studies, Mind and Life Institute, San Diego, CA. Co-Chair and Organizer.

October 2015, (**Funded by Private Donor and Foundation funds to APJ**) 3rd Meeting of the Mindfulness Research Working Group, Miami, FL. Co-organized with Zindel Segal and Judson Brewer.

April 2014, Translational Research in Mindfulness and Compassion, John and Tussi Kluge Research Symposium, Annual Meeting of the Center for Mindfulness, Worcester, MA. Chair and Organizer.

April 2013, Mechanisms of Mindfulness, John and Tussi Kluge Research Symposium, Annual meeting of the Center for Mindfulness, Worcester, MA. Chair and Organizer.

March 2012, Embodiment of Mindfulness: Neuroscience and Clinical Perspectives, during 10th Annual meeting of the Center for Mindfulness, Worcester, MA. Co-chair with Dr. Philippe Goldin.

April 2011, 5th Annual Research Day during the 9th Annual Meeting of the Center for Mindfulness, Worcester, MA (University of Massachusetts Medical School). Co-organized with Dr. Sona Dimidjian.

October 2010, (**Funded by Grant from Fetzer Institute to APJ**), 2nd Meeting of the Mindfulness Research Working Group, Madison, WI. Co-organized with Richard Davidson, Zindel Segal, and Adam Anderson.

April 2010, (**Competitive Application**), Cognitive Neuroscience Society Annual Meeting, Montreal, Canada. Symposium Organizer and Presenter “What Controls Cognitive Control: The Influence of Control Context”.

April 2010, 4th Annual Research Day during the 8th Annual Meeting of the Center for Mindfulness, Worcester, MA (University of Massachusetts Medical School). Co-organized with Dr. Philippe Goldin.

April 2009, 3rd Annual Research Day during the 7th Annual Meeting of the Center for Mindfulness, Worcester, MA (University of Massachusetts Medical School). Co-organized with Dr. Philippe Goldin.

April 2008, 2nd Annual Research Day during the 6th Annual Meeting of the Center for Mindfulness, Worcester, MA (University of Massachusetts Medical School). Co-organized with Dr. Philippe Goldin.

December 2008, 1st Meeting of the Mindfulness Research Working Group, Toronto, CA. Co-organized with Zindel Segal and Adam Anderson.

April 2007, 1st Annual Research Day during the 5th Annual Meeting of the Center for Mindfulness, Worcester, MA (University of Massachusetts Medical School). Co-organized with Dr. Philippe Goldin.

Scientific Advisor

Northeast Cognitive Rehabilitation Research Network (2008-2010)

Garrison Institute Education Leadership Council (2007-2010)

Shamata Project, University of California-Davis (2007)

Goldie Hawn Foundation Research Consortium – Academic Curriculum Review (2010-2013)

Professional Organization Committee Member

Mindfulness Research Working Group (Founding Member, 2009)

Insight Meditation Society Scientific Research Committee (2008-2010)

Mind and Life Summer Research Institute Planning Committee (2008-2009)

Mind and Life Program and Research Committee (2008-2009)

Mind and Life Varela Grant Review Committee (2008-2009, 2011)

Mind and Life Education and Research Network (2007-2009)

Mind and Life International Conference on Contemplative Science Steering Committee (2011-2014)

NIH-NCCAM Working Group on Meditation Research (2008)

NIH-NCCAM Center for Excellence Review Panel (2008)

Mind and Life Education Research Network (2007-2009)

Cognitive Neuroscience Society Poster Committee (2010-2011)

Active

2015 to present Sylvester Comprehensive Cancer Center, University of Miami, Associate Member

VI. TEACHING

A. Teaching Awards

2009 Dean's Innovation in Teaching Award, University of Pennsylvania
 2007 Charles Ludwig Award for Distinguished Teaching, University of Pennsylvania

B. Teaching Specialization

2016 University of Miami
 Psychology 474, Mindfulness, Attention, and the Brain (Undergrad, enrollment=14)

2014 University of Miami
 Neuroscience 190, Forum Cognitive Neuroscience (Undergrad, enrollment=17)

2012 University of Miami
 Neuroscience 120, Forum Cognitive Neuroscience (Undergrad, enrollment=17)
 Psychology 605, Graduate Core Course in Cognitive Neuroscience (Grad, enrollment=28)

2011 University of Miami
 Neuroscience 120, Forum Cognitive Neuroscience (Undergrad, enrollment=17)
 Psychology 605, Graduate Core Course in Cognitive Neuroscience (Grad, enrollment=28)

2002-2010 University of Pennsylvania
 Psychology 155, Attention and Memory (Undergrad, avg. enrollment=100)
 Psychology 249, Cognitive Neuroscience of Meditation (Undergrad, avg. enrollment=20)
 Psychology 349, Research Experience in Functional MRI (Undergrad, avg. enrollment=20)
 Psychology 630, Cognitive Neuroscience of Attention (Grad, avg. enrollment=25)

C. Post-doctoral, Dissertation, Thesis Advising

Post-doctoral Advisor

2010-2011 Toby Eliman, Ph.D.
 2011-2012 Shruti Bajjal, Ph.D.
 2012-2014 Martin Paczynski, Ph.D.
 2012-present Alexandra Morrison, Ph.D.
 2014 to present Ekaterina Denkova, Ph.D.

Primary Dissertation Advisor

2015 to present Joanna Witkin, Behavioral Neuroscience Ph.D. Program, University of Miami
 2013 to present Marissa Krinsky, Clinical Psychology Ph.D. Program, University of Miami
 *NSF Graduate Fellowship Recipient.
 2012 to present Joshua Rooks, Clinical Psychology Ph.D. Program, University of Miami
 2012-2014 Trae Williamson, Interdisciplinary Program, University of Miami
 2007-2009 Mindy Hong, Ed.D. Graduate School of Education, University of Pennsylvania
 2005-2007 Sandra Dean, Ed.D. Graduate School of Education, University of Pennsylvania
 2005-2009 Kartik Sreenivasan, Ph.D. Neuroscience, University of Pennsylvania

Dissertation Committee Member,

2015 to 2016	Demet Cek, Ph.D. Psychology, Adult Track, University of Miami
2012-2013	Evan Carter, Ph.D. Psychology, Adult Track, University of Miami
2011-2013	Judy Gomez, Educational & Psychological Studies, Counseling Psychology, University of Miami
2011-2012	Katie Denny, Ph.D. Psychology, Adult Track, University of Miami
2010-2011	Jason Krompinger, Clinical Psychology Ph.D. Program, University of Delaware
2009-2010	Kielty Turner, Social Work Ph.D. Program, University of Pennsylvania
2005-2007	Marieke van Vugt, Ph.D. Neuroscience, University of Pennsylvania
2003-2005	Irene Kan, Ph.D. Psychology, University of Pennsylvania
2002-2004	Joe Kable, Ph.D. Neuroscience, University of Pennsylvania

Masters Thesis Committee Member:

2013-2014	Julia Yang, Psychology, University of Miami
2012	Michael Vanderlind, Psychology, University of Miami
2009	Anastasia Kiyonaga, Graduate School of Education, University of Pennsylvania
2007	Robert Bonnet, Graduate School of Education, University of Pennsylvania
2008	Sara Drucker Psychology 699, University of Pennsylvania
2005	Eranda Jayawikreme, Psychology 699, University of Pennsylvania
2005	Kinjal Doshi, Psychology 699, University of Pennsylvania

Undergraduate Research and Thesis Advisor

University of Miami

2016-2017	Ethan Homedi (Honors Thesis Advisor) Ariel Paz (Honors Thesis Advisor) Kristen Zayan (Honors Thesis Advisor) Shivani Hanchate (Honors Thesis Advisor) Sydney Feldman (Honors Thesis Advisor) Joseph Dunn
2015-2016	Joseph Dunn Ethan Homedi Ariel Paz Kristen Zayan Shivani Hanchate Benjamin Slavin Sydney Feldman
2014-2015	Emily Brudner (Honors Thesis Advisor) Lauren Walter (Honors Thesis Advisor) Ash Tilak (Honors Thesis Advisor) Joseph Dunn Ethan Homedi Ariel Paz Kristen Zayan Shivani Hanchate Ben Pasternack (Summer PRIME student)
2013-2014	Adam Burton (Honors Thesis Advisor)

Kaelyn Lynch (Honors Thesis Advisor)
 Victor Mancini (Honors Thesis Advisor)
 Lisa Cameron
 Samuel Warn
 Jennifer Rizzo
 Sam Jazzo

2012-2013 Merissa Goolsarran (Honors Thesis Advisor)
 Jason Frishman
 Phillip Chan

2011-2012 Zachary Kornblum
 Nikesh Banerjee (Summer PRIME student)
 Christina Robinson
 Cristina Garcia

University of Pennsylvania

2008-2009 Lauren Mancuse, Cognitive Science
 Nina Rostrup, Cognitive Neuroscience
 2007-2008 Pauline Baniqued, Cognitive Science
 Anish Mehta, SAS, Biological Basis of Behavior
 Katrina Fincher, SAS, Psychology
 2006-2007 Deepak Sambhara, SAS, Biological Basis of Behavior
 Zev Rosen, SAS, Psychology
 Jonathon Goldstein, SAS, Psychology
 2004-2006 Alice Tang, SAS, Biological Basis of Behavior
 Erik Malmgren-Samuel, SAS, Anthropology
 2003-2004 Misha Heller, SAS, Psychology
 Jennifer Katz, SAS, Biological Basis of Behavior
 Audrey Lustig, SAS, Biological Basis of Behavior
 Ichane Tsai Wharton
 2002-2003 Deepa Ravikumar, SAS, Psychology
 Jordan Fishman, SAS, Psychology
 Nicole Giuliani, SAS, Psychology
 Jared Insellman, SAS, Psychology
 Allison Waxman, SAS, Psychology

VII. SERVICE (since 2010)

A. National Service

1. US Army Surgeon General, Brain Health Working Group (July 2014 to present)
2. NIH-NCCIH Council Working Group, Strengthening Collaborators with DOD and VA (May 2014, Mindfulness Training in Military Cohorts, Subject Expert)

B. University of Miami Service

Department of Psychology Committees

1. Cognitive Neuroscience Search Committee, Department of Psychology (2010 to 2014)
2. Neuroimaging Research Suite Committee, Department of Psychology (2012 to present)
3. fMRI Suite Search Committee for Research Scientist, Department of Psychology (2014)

4. UMIND Communications and Development Committee (September 2015 to present)
5. Faculty Mentoring Committee (Dr. Lynn Perry, September 2015 to present)

University Committees

1. Provost Research Council (2013 to 2015)
2. University Committee on Misconduct (September 2015 to present)
3. Member, UM Sylvester Comprehensive Cancer Center (October 2015 to present)
4. Member, 'Cane Talks Advisory Committee (December 2016 to present)

National/International Committee Member

1. US Army Surgeon General, Brain Health Working Group (July 2014 to present)
2. Mind and Life Institute, International Symposium for Contemplative Studies Program and Planning committee, Co-Chair (2014 to 2016)

C. Service Presentations at the University of Miami

1. March 6, 2014, Invited Workshop with Scott Rogers, Office of Development (300+ attendees).
2. April 28, 2014, Presentation, Department of Psychology Brain Imaging Workshop.
3. April 30, 2014, Invited Lecture with Scott Rogers, University of Miami Alumni Board of Trustees Meeting.
4. September 8, 2014, Invited Keynote with Scott Rogers, UM All-Stars Speaker Series, University of Miami Osher Lifelong Learning Institute, Coral Gables, FL.

D. UMindfulness Initiative

2010 to Present Co-Founder and Director of Research for the
University of Miami, Mindfulness Research Practice Initiative.

Public Lectures, Organized and Hosted

1. March 4, 2014, Dr. Dan Gottlieb, NPR Radio Host and Psychology, 150+ attendees.
2. March 25, 2014, Sharon Salzberg, Author, Co-Founder Insight Meditation Society, 250+ attendees.
3. September 17, 2014, Dan Harris, ABC News Anchor, 350+ attendees.
4. November 10, 2014, Congressman Tim Ryan, 300+ attendees.
5. January 28, 2015, Dr. Daniel Goleman, 450+ attendees.
6. April 7, 2015, Dr. Zindel Segal, 150+ attendees.
7. October 9, 2015, Dr. Jon Kabat-Zinn, 800+ attendees.
8. January 29, 2016, Sharon Salzberg, 75+ attendees.

Public Lectures, Planned 2017

1. Rhonda Magee (Mindfulness and the Law, Social Justice)
2. Noah Levine (Mindfulness and Recovery)
3. Susan Kaiser Greenland (Mindfulness and Children)
4. Thupten Jinpa (Mindfulness and Compassion, Buddhist Perspectives)

UMindfulness Research Symposia, Organized and Hosted

1. May 12, 2014, Dr. Emmeline Edwards, Director of Extramural Research NCCAM.
2. October 18, 2014, A Mindful Miami, Day Long Conference in Partnership with Mindful Kids Miami, 350+ attendees.

Retreats, Organized and Co-led

1. March 1, 2014, Retreat at Deering Estate with Maria T. Kluge, 40+ attendees.
2. November 8, 2014, Retreat at Deering Estate with Maria T. Kluge, 60+ attendees.
3. January 30-31, 2016, Retreat at Newman Alumni Center with Sharon Salzberg, 170+ attendees.

E. Community Service Activities

2016	Mandelstam School, Science Classes Grades 3-5 Science Tour Gulliver Academy STEM Girls Science Tour
2014	Brain Lab Tour for United Way Demonstration School, Coral Gables
2014	Faculty Representative, Graduate School Commencement, University of Miami
2014	Faculty Representative, Undergraduate Commencement, University of Miami
2014	Clinical Graduate Student Qualifying Exam, Faculty Proctor, University of Miami
2013 to present	The Synapse Project, Service Organization to Promote Neuroscience in Girls, Board Member
2012 to present	University of Miami/ Florida International University Neuroimaging Journal Club
2012	Career Day Presenter for Coral Reef Elementary School
2010-2013	Community Representative, Educational Excellence School Advisory Council (EESAC) - Coral Reef Elementary School, Miami-Dade Public School, Palmetto Bay, FL

VIII. CONSULTING

2015-present	Boston Red Sox, Mindfulness Training for Player Development Coaching Staff Invited Lecture/Workshops, co-presenting with Scott Rogers.
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IX. WEBSITES AND POPULAR PRESS

Laboratory Website: www.amishi.com

Wikipedia: https://en.wikipedia.org/wiki/Amishi_Jha

Research Features in Popular Media (nonexhaustive)

Newspaper (nonexhaustive)

1. Burch, Audra. "UM Study: Training a Soldier's Mind." [Miami Herald](#), (February 2015).
2. Dumas, Kitty. "Mindful of Their Mission." [Miami Herald](#), (FRONT PAGE, August 2014).
3. Hurley, Dan. "Breathing In vs. Spacing Out." [The New York Times](#), (January 2014).
4. Dumas, Kitty. "UM Researcher Helping Soldiers Battle Stress." [The Miami Herald](#). (August 2013).
5. Block, Gordon. "Fort Drum Soldiers, Spouses Help Researchers Assess Mindfulness Training." [Watertown Daily Times](#). (June 2013).
6. Kohn, David. "Mindfulness and Meditation Training Could Ease PTSD Symptoms, Researchers Say." [The Washington Post](#). (February 2013).
7. McCarthy, Marcella. "Mindfulness Making Its Way into the Mainstream." [Miami Herald](#). (February 2013).
8. Hruby, Patrick. "Marines Expanding Use of Meditation Training." [The Washington Times](#). (December 2012).
9. Rosenberg, Tina. "For Veterans, a Surge of New Treatments for Trauma." [The New York Times](#). (September 2012).

10. Shanker, Thom & Richtel, Matt. "In New Military, Data Overload Can Be Deadly." [The New York Times](#). (January 2011).
11. Conis, Elena. "It's Cool to be Calm: Meditation can help kids focus, but does it have health benefits?" [Los Angeles Times](#). (September 2005).

Magazines (Online & Print)

1. Russell, Elizabeth. "Where Mindfulness Meets Warrior Culture." [Mindful Magazine](#). (February 2016).
2. Begley, Sharon. "Building a Better Brain." [Newsweek](#). (January 2016)
3. Kim, Connie and Shy, Yael. "Why NYU's B-School teaches Mindfulness." [Harvard Business Review](#). (December 2015).
4. Cortina-Weiss, Betty. "The Power of Now." [Indulge Magazine](#). (August 2014).
5. Narayan, Shoba. "Mindful Wanderers." [Livemint](#). (July 2014).
6. Begley, Sharon. "When Memory is Under Attack." [Mindful Magazine](#). (June 2014).
7. Gates, Barbara and Senauke, Alan. "Mental Armor." [Inquiring Mind Journal](#). (April 2014).
8. Goerling, Richard. "Officer Safety Corner: The Role of Mindfulness Training in Policing a Democratic Society." [Police Chief Magazine](#). (April 2014).
9. Konnikova, Maria. "An Anecdote for Mindfulness." [New Yorker](#). (January 2014).
10. Pickert, Kate. "The Mindful Revolution." [Time Magazine](#). (COVER STORY, January 2014).
11. Nauret, Rick. "Mindfulness Training Catches on in College." [Psych Central](#). (January 2014).
12. Wickelgren, Ingrid. "Teen Builds Gateway to the Brain for Girls." [Scientific American Blog](#). (November 2013).
13. Jabr, Ferris. "Why Your Brain Needs More Downtime." [Scientific American](#). (October 2013).
14. Breining, Greg. "Boot Camp for the Brain." [Miami Magazine](#). (November 2012).
15. Hurley, Dan. "Can Mindfulness Meditation Make You Smarter?" [Discover Magazine](#). (June 2012).
16. Mockenhaupt, Brian. "A State of Military Mind." [Pacific Standard](#). (June 2012).
17. Campbell, Mindy. "Living in the Here and Now: Meditation Helps Soldiers, Family Members Find Serenity." [US Army News](#). (December 2011).
18. Wickelgren, Ingrid. "Goldie Hawn Plunges into Brain Science." [Scientific American](#). (September 2011).
19. Salvail, Andre. "Goldie Hawn to Kick Off Aspen Brain Forum Tonight." [The Aspen Times](#). (September 2011).
20. Baime, Michael. "This Is Your Brain on Mindfulness." [Shambala Sun](#). (July 2011).
21. Begley, Sharon. "Can You Build a Better Brain?" [Newsweek](#). (January 2011).
22. Bond, Michael. "Mind gym: Putting meditation to the test." [NewScientist](#). (January 2011).
23. Gregory, Vanessa. "Meditation Fit for a Marine." [Men's Journal](#). (November 2010).
24. Mahoney, Sarah. "5 Solutions to Thrive Under Stress." [Prevention Magazine](#). (October 2010).
25. Kalb, Bess. "The Men Who Stare at Nothingness." [GQ](#). (April 2010).
26. Zerbe, Leah. "Meditate Like a Marine to Pump Up Your Mental Muscles." [Rodale](#). (February 2010).
27. Pappas, Stephanie. "Meditation may boost mood and mental toughness." [LiveScience](#). (February 2010).
28. Carpenter, Siri. "Revising Best-Laid Plans." Science Careers: [Science Magazine](#). (June 2009).

Books Mentioning Work

1. Ryan, T. (2012). *A mindful nation: How a simple practice can help us reduce stress, improve performance, and recapture the American spirit*. Carlsbad, CA: Hay House.
2. Zolli, A. & Healy, A. M. (2012). *Resilience: Why things bounce back*. Minneapolis, MN: HighBridge Company.
3. Zylowska, L. (2012). *The mindfulness prescription for adult ADHD: An 8-Step program for strengthening attention, managing emotions, and achieving your goals*. Boston, MA: Trumpeter Publishers.
4. Bertin, M. (2011). *The family ADHD solution: A scientific approach to maximizing your child's attention and minimizing parental stress*. New York, NY: Palgrave Macmillan.
5. Chaskalson, M. (2011). *The mindful workplace: Developing resilient individuals and resonant organizations with MBSR*. Hoboken, NJ: Wiley-Blackwell.
6. Hawn, G., Holden, W., & Siegal, D. J. (2011). *10 mindful minutes: Giving our children – and ourselves – the social and emotional skills to reduce stress and anxiety for healthier, happier lives*. New York, NY: The Penguin Group.
7. Simmer-Brown, J. & Grace, F. (2011). *Meditation and the classroom: Contemplative pedagogy for religious studies*. Albany, NY: State University of New York Press.
8. Brown, J. & Fenske, M. (2010). *The winner's brain: 8 strategies great minds use to achieve success*. Cambridge, MA: Harvard University.
9. Gallagher, W. (2010). *Rapt: Attention and the focused life*. New York, NY: The Penguin Group.
10. Wallace, A. B. (2009). *Mind in the balance: Meditation in science, Buddhism, and Christianity*. New York, NY: Columbia University Press.
11. Jackson, M. (2009). *Distracted: The erosion of attention and the coming dark age*. Amherst, NY: Prometheus Books.

Online News Outlets

1. Elizabeth Zhou. "Keynote Speaker Unpacks Mindfulness." The Middlebury Campus. (September 2016)
2. Peak, Chris. "Mindfulness at Work: 7 Places Where Employees Benefit from Meditation." NationSwell. (August 2016)
3. Dale, Brady. "Latest Tech Perk: Meditation Guided by Brainwaves." Observer Business and Tech. (May 2016).
4. "Our Future: Three A&S Visionaries Inspire at 'Cane Talks'". University of Miami Arts & Sciences Magazine (Spring 2016).
5. Newton, Cara. "6 Benefits of Incorporating Mindfulness at Work." Mental Floss. (March 2016).
6. "Learning About the Amazing Brain." University of Miami College of Arts & Sciences News and Events. (March 2016).
7. Berkowicz, Jill and Myers, Ann. "Leaders, Take Note: Resilience is Not Just for Kids." Education Week. (December 2015)
8. Culbert, Alexa. "Maxwell, University of Miami Provide Mindfulness Training to Military Spouses." Maxwell AFB. (September 2015).
9. O'Keefe, Linda. "Treating Stress and Trauma with Mindfulness." Huffington Post. (September 2015).
10. Holmes, Lindsay. "A Simple Practice Can Transform the Lives of First Responders." Huffington Post. (August 2015).
11. "How Leaders Can React Calmly Under Stress." Wichita Business Journal. (August 2015).
12. Myers, Melissa. "Improving Military Resilience Through Mindfulness Training." US Army Medical Research and Materiel Command. (June 2015).
13. "NYU Hosts Panel on Mindfulness in the Workplace." NYU Stern School of Business. (April 2015).
14. Boulware, Jean. "Conversations on Wisdom: Amishi Jha." Wisdom Research, University of Chicago. (April 2015).
15. Wortmann, Jon. "Why you Must Meditate 12 Minutes a Day." Huffington Post. (March 2015).

16. Modarressy-Tehrani, Caroline. "How the Military Can Benefit from Mindful Skills." Huffington Post Live Interview. (March 2015).
17. Gregoire, Carolyn. "Mindfulness Training Improves Resilience of Active-Duty Soldiers." Huffington Post. (February 2015).
18. "Minds at Attention: Military and Mindfulness." Medical Xpress. (February 2015).
19. Nauert, Rick. "Mindfulness Training Can Help Soldiers Cope with Stress." PsychCentral. (February 2015).
20. O'Donnell, Ellen. "Jha Discusses Potential of Mindfulness to Counter High Stress." NIH Record. (July 2014).
21. Harris, Dan. "5 Ways Meditation Gives Your Brain a Boost." ABC News. (February 2014).
22. Huffington, Arianna. "Sunday Roundup: World Economic Forum." Huffington Post. (January 2013).
23. Huffington, Arianna. "Mindfulness a Presence at Davos." ArcaMax. (January 2013).
24. Parry, Wynne. "Exercising Your Brain May Improve Your Life." Fox News. (February 2013).
25. Moon, Diana. "Benefits of Mindfulness: Push-ups for the Brain." Defense Centers of Excellence. (October 2013).
26. Wickelgren, Ingrid. "Teen Builds Gateway to the Brain for Girls." Scientific American Blog. (November 2013).

Radio/Podcast/Webinar Interviews

1. 10% Happier with Dan Harris (podcast, July 2016) #24 Dr. Amishi Jha & Maj. Gen Walter Piatt
2. Science of Meditation, Expert Series, Shambala Mountain Center. "Attention and Mindfulness"
3. Radio Times with Marty Moss-Coane, WHYY Radio (October 2015).
4. Sports Medicine Show, Sirius XM Radio's "Doctor Radio" channel (January 2015).
5. Radio Free Asia. (August 2010).
6. National Public Radio, Voices in the Family. WHYY Radio. (May 2010).
7. All in the Mind. Australian Pubic Radio. (November 2007).
8. National Public Radio, Voice of America. (July 2007).
9. National Public Radio, Morning Edition. (July 2005).

Television Interviews

1. How can mindfulness make you a better leader? (October 2016) World Economic Forum, Davos.
2. PBS (July 2016) "Living Well with Carmel" Calmness Episode.
3. WFMZ-TV News (February 2016) "Mindfulness: The Muscle of Attention"
4. CBS Miami (November 2015) MBAT Firefighter Project.
5. Ivanhoe News (October 2015), Smart Women
6. CBS Evening News. (May 2012).
7. NBC Live. (April 2012).